

RSDA 2026 Summer

Classes, Clinics, and Intensives

Summer punchcard classes are open to all current students as well as new students, beginner through advanced dancers looking for a place to dance. For purchase of punchcards, see Shelly or Wyatt at the front desk. We utilize the punchcard system to allow students to take classes on their own schedule and not feel behind. Every class is different and new. Punchcards are available at the front desk for purchase beginning May 15! All dancers, any age and level, are welcome.

Company dancers and any student dancer interested in dancing on Company for the 26-27 season, here are the Summer class requirements:

Company Dancers Eleven & Under – 20 punches with at least 8 of them being ballet, as well as August intensives (not required but highly recommended), and mandatory Nutcracker auditions.

12 & Up – 24 punches. At least 10 of them ballet; this includes lyrical and contemporary as well as the intensives in August (not required but highly recommended), and mandatory Nutcracker auditions.

Intensives and clinics are in addition to the number of required classes. Punches may be used for payment but will not be counted toward your total company dancer summer class requirement, so please factor them in when purchasing your summer punchcard.

Example of Summer Classes, Clinics, Etc., Being Offered

Combo Classes - For ages 4 through 10. A great thing for those who do not want to lose the skills they have worked so hard to obtain throughout the fall/spring season. Each week will be a different lesson plan, so you don't have to worry about missing a class.

Broadway Bound - This Broadway musical theatre camp encompasses all attributes of performing in a Broadway musical, including acting, vocals, theatrical dancing, etc. If you feel you or your child is destined for the stage, theatre, or show choir, this is a class that will help them get there. Know that in order to book roles and jobs in the future, you must be a triple threat! We will touch on singing excerpts of music, dancing combos from Broadway shows, and acting a chosen scene. If you want to be a star, you have to work to be the total package. Let us help you reach your Broadway goals and dreams!

Company Technique - Technique class designed specifically for company members. If you or your child is not a company member but interested in dancing on company this coming Fall, you are welcome to participate in this class. Please talk to Wyatt or Shelly at the front desk who will help you with placement. Current company dancers, this is a class you don't want to miss as this prepares us for the upcoming competition season.

Advanced Tap - Advanced level tap will be working on tap skills and techniques that are necessary for the extremely difficult and tricky footwork. Lots of loose ankle, rhythmic, and trick steps will be going on. This class is geared toward the competitive tapper. The more you tap, the better you tap!

Ballet Technique - The study of proper classical ballet technique. These classes are necessary for all students auditioning for Nutcracker in August. Ongoing ballet technique study is the only way to further your placement and create that muscle memory that can set one dancer above the rest.

Lyrical Ballet - Where ballet is choreographed based on the lyrics of a song or a piece of music. This teaches dancers to move displaying emotional execution that depicts a story or message.

Contemporary - This is the genre of dance that is most “free” moving. Showing a thought through movement or expression is one way of describing this art form. Very popular on competition circuits. Here we learn how to execute floor work, utilize and improve flexibility while pulling from the portrayal of many different emotions. Easy for some, difficult for others, which is where learning comes in.

Ballet Technique with focus on Pre-Pointe - This is for the ballet student with 4 or more years of ballet behind them and at least 10 years old. This class will prepare the student to go on pointe in the fall or when the time comes. We will not allow a child to go on pointe until they demonstrate that their leaps, ankles, and feet are ready. No matter whether going on pointe will be this coming fall or down the road a bit, this is an important class. Pointe shoes are not needed or allowed for this class unless the student has completed at one or more years of pointe.

Pointe - Pointe technique and drills that will help with foot shaping, stability, elongation, strength, focus, and eloquence. This class is especially helpful if you have hopes of dancing a lead or soloist role in this year’s Nutcracker. This class is NOT for beginner pointe dancers.

Acrobatic levels 1-2, 3-4, 4.5-6 These are **leveled** acrobatic classes. Acrobatic skills are extremely hard to keep perfected over the summer, not to mention accomplishing new skills if students take a break in training. Here are the prerequisites needed for each level for the summer levels.

Level 1-2: the student is not yet confident to go down into a backbend from a standing position and stand back up without a spotter. Still working on holding a handstand for 3 seconds.

Level 3-4: the student is proficient in the following:

Backbend from a stand down & up without spot. Straight fast 2 arm & 1 arm cartwheels.

Strong Round off. Front limber, handstand arch to backbend and stand up with arms above head.

Level 4-5: Handstand held straight for at least 3 seconds. Front and back walkovers with or without spot. Back handspring with or without spotter. Proficient in all 3 splits. Are interested in starting aerials and back handsprings and rounding off back handsprings.

Level 6: This student can perform all of the above very well, will be working on improving round off multiple connected back handsprings, back tuck, back layouts. Standing back tuck, alone or with spot, hand walking 30 steps. Other optional skills for reference: Aerial cartwheels, front handsprings, front headsprings, back series tumbling, etc.

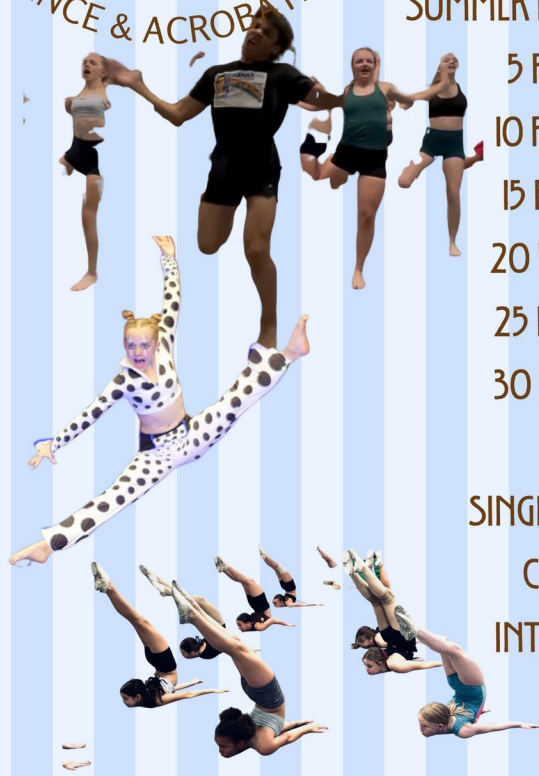
Open Mat - This is self-directed mat time where students can work on whatever they want to work on **that they have previously been taught** but may still need work on. Instructors will be on hand but there will not be a “class” given. Students must be courteous and follow any and all rules. **We will ask them to sit out if they are being disruptive in any way.**

Nutcracker Intensive “Principles of Principals” - For the serious dancer who is looking forward to potentially being cast dancing as a principal, soloist, &/or lead role in the Nutcracker and would like to be prepared and noticed during auditions and beyond. Principles being what will be expected of them in a lead or soloist role.

Nutcracker Intensive “Drosselmeyer’s Workshop” - Have you ever wanted to be part of the magic in the party scene of the Nutcracker? Here is your chance to get the inside scoop on what the choreographers and director are looking for regarding quality of movement, performance quality, emoting, and styles for all of Drosselmeyer’s dolls in the party scene! Don’t miss this opportunity to get one step ahead to land the role of your dreams. Soldier Doll (advanced tapper), Ballerina Doll, Rag Dolls (acrobats) are examples.

RSDA

DANCE & ACROBATICS



2026

SUMMER PUNCHCARD PRICE LIST

5 PUNCHES - \$125

10 PUNCHES - \$246

15 PUNCHES - \$355

20 PUNCHES - \$460

25 PUNCHES - \$540

30 PUNCHES - \$625

SINGLE CLASS - \$27 EA.

CLINIC - \$53 EA.

INTENSIVE - \$80 EA.

Nutcracker Intensive "Life of the

Party" - This intensive is geared toward students (girls & boys) that have an interest in performing as part of Stahlbaum's big holiday party... the party scene! Students are presented with everything that will be helpful to know in order to be a strong and successful candidate for Clara, Fritz, Louise, and/or all party child roles in the annual production of The Nutcracker.

Clinic Power-Tumbling - This clinic is geared toward the acrobatic student that has a strong round-off, as well as a strong standing back handspring without a spotter. Do you want to be part of our amazing advanced acrobatic competitive-level performers? We can help you achieve those goals!

Clinic Dance Team Tricks - This clinic is to prepare dance-team members and hopefuls to become comfortable flipping feet overhead while not missing a beat. We will cover skills such as aerial cartwheels &/or front aerials aka: aerial walkovers, various styles of headsprings, handsprings, front walkovers, partner tricks, hip-hop tricks, jumps, and much more!

Intensive Nutcracker Audition Workshop - The director of The Nutcracker will take the students through the audition process, learning key components to this year's Nutcracker auditions for the specific age group. We will learn barre exercises, combinations in the center, and try out a few pieces of choreography from The Nutcracker ballet. This beneficial intensive is for the student who wants to take initiative in their placements of the 2026 Nutcracker cast and put their best foot forward to start out the year!

Company Workshops - This intensive is for our 2026-2027 potential company members. We will be trying out potential choreographic ideas for the next competition season to get a head start! Don't miss it, this is one of the most exciting events of the summer! Dates for these have not yet been set. Non-company parents, be sure to let us know if your child is interested in joining company.

Theme camps - We will run some pop-up theme camps for young children dispersed throughout the summer. More information will be available as soon as it is solidified. These are determined upon interest, so if you'd like a certain theme, let us know and we'll see what we can do.

**If you have friends considering dance or are looking for a studio, we love welcoming new students!
Feel free to recommend us to all your friends!**